



## *ImPACT™ Consent Form*

### Red Cedar Physical Rehabilitation

Dear Parent/Guardian,

Mayo Clinic Health System - Red Cedar offers an innovative program for student-athletes that assists our physicians and athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT™ (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT™ is a computerized exam utilized in many professional, collegiate and high school sports programs across the country to successfully diagnose and manage concussions. If a student-athlete is believed to have suffered a head injury during competition, ImPACT™ is used to help determine the severity of head injury and when the injury has fully healed. Additional information about ImPACT™ can be found at [www.impacttest.com](http://www.impacttest.com).

ImPACT™ recommends that student-athletes take the computerized exam before beginning sport practice or competition. Essentially, the ImPACT™ test is a preseason physical of the brain. It, however, is not an IQ test. This non-invasive test is set up in “video-game” type format and takes about 20 -25 minutes to complete. Many student-athletes enjoy the challenge of taking the test. It tracks information such as memory, reaction time, speed and concentration. Student-athlete’s pre-season / baseline test data is maintained on a secure server maintained by ImPACT™.

If a concussion is suspected, the student-athlete should see a physician for evaluation. It is recommended he/she see an ImPACT™ trained provider who will request the student-athlete take a post-injury test for comparison to the student-athlete’s baseline test. The clinical exam and test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured student-athlete. If an injury of this nature occurs to your child, you can talk with your physician, the athletic trainer, coach or Mayo Clinic Health System - Red Cedar about how to proceed.

The post-injury test data, if any, is maintained on a secure server maintained by ImPACT™. The test data will only be available to Mayo Clinic Health System - Red Cedar, except as described below:

- The physician or clinician evaluating the student-athlete child may choose to make that student-athlete's test data available to other health care providers who are being consulted regarding the treatment of that student-athlete .
- The student-athlete’s test data may be utilized by ImPACT™ to treat other athletes with similar head injuries or in studies conducted by ImPACT™ on head injuries. However, the identity of student-athletes will not be disclosed if test results are used for these purposes.

I wish to stress that the ImPACT™ testing procedures are non-invasive, and they pose no risks to student-athletes. We are pleased to offer this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Mayo Clinic Health System - Red Cedar, coaching and athletic training staffs are striving to keep student-athletes’ health and safety at the forefront of the athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact me at 715-233-7740.

Sincerely,

Jodi Dotseth, director of Red Cedar Physical Rehabilitation



**Consent Form**

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT™) baseline testing.

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT™ Concussion Management Program.

Printed Name of Athlete \_\_\_\_\_

Sport(s) \_\_\_\_\_

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date